



ISA MEDINA

Romana's Pilates Instructor

EDUCATION

ASSUMPTION COLLEGE, SAN LORENZO

2005 - 2012

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2012 - 2016

UNIVERSITY OF THE PHILIPPINES - DILIMAN

2017 - 2021

University Scholar; Cum Laude

WORK EXPERIENCE

ROMANA'S PILATES INTERNATIONAL (Feb 2025 - Present)

Certified Classical Pilates Instructor

Delivers classical Pilates instruction, movement assessments, and personalized body mechanics coaching

Completed a rigorous 600+ hour international apprenticeship; designs tailored programs that enhance strength and posture

CLASSICAL BALLET TEACHER (Feb 2022 - Present)

ABT® Certified Teacher

Provides classical instruction utilizing the American Ballet Theatre National Training Curriculum while overseeing production for student performances and maintaining faculty-parent communications

Directed end-to-end event logistics for annual recitals and photo shoots, including the publication of printed souvenir programs

INTERNATIONAL SCHOOL MANILA (2 years)

Early Years Educator

Designed and implemented daily play-based, Reggio Emilia-inspired curriculum to foster student-led discovery

Represented ISM at the Hong Kong International School Early Childhood Education; created engaging, inquiry-driven learning environments

Isa Medina

I agree to share the above information on any AAA social media platform for purposes of the 2026 AAA Elections.